



## Invitation to Dance

ITD is committed to providing high-quality dance classes in an inclusive environment. We maintain a safe, child-centered space in which our students can explore dance, improve coordination skills and develop physical awareness from our qualified, nurturing teachers.

Our studio encourages young people to develop a positive self-image as well as a strong sense of community. We encourage our students to support their peers and develop their own individual sense of expression.

## Class Information

### Mini Movers Program - ages 3-5 *Creative Movers*

3-4 year old dancers will enjoy this fun introduction to dance, learning the foundational skills of jazz, ballet, tap and acrobatics. *Classes are offered in 8 and 10 week sessions.*

### *Ballet/Tap Movers, Jazz/Acro Movers, Pre School Movers*

A natural progression from our Creative Movers class, students are exposed to the fundamentals of several styles. Recommended age is 4-5 years and students are involved in the year end recital.

### Foundational Program - ages 6+ (classes run for a full school year Sept-June)

#### **Ballet**

Learn poise and precision while developing flexibility and strength. **Pre Junior Ballet begins at 6 years old.**

#### **Jazz**

Our jazz classes develop grounded movement, technical lines and personal expression. **Pre Junior Jazz begins at 6 years old.**

#### **Tap**

Discover your inner musician while learning the technique of sound quality, rhythm and style. **Pre Junior Tap begins at 6 years old.**

#### **Acro**

Requiring a balance between strength and flexibility, acro showcases gymnastics like skills within the art of dancing.

**Pre Junior Acro begins at 6 years old.**

#### **Hip Hop**

Hip-Hop includes elements from Jazz, African, Tap, American and Latino dance cultures. It is a very energetic and rhythmic form of dance that can be choreographed or improvised. **Minimum age is 7 years old.**

#### **Boys Only Hip Hop \*\*\*\*New This year\*\*\***

Calling all boys! This class is for you. We invite all 4-6 year old boys to join us for a class that is high energy, all style, and proves that boy's dance too!

#### **Sessional Classes**

(Offered in 8 and 10 week sessions)

#### **Aerial Arts**

We are excited to be offering our aerial arts classes, where students will learn the basics of static trapeze, hoop and silks.

#### **Adult Classes**

We haven't forgotten about the grown ups! Check out Adult Ballet, Yin Yoga and Aerial Fitness.

#### **And much more!**

Musical Theatre, Lyrical, Leaps & Turns, Stretch. We have lots of fun supplemental classes to help your dancer deepen their technique and have fun!

Check out our **Dance Alive** brochure for more details on our performance team.

Contact us for more information!

403-278-4849

[dancewithus@invitationtodance.ca](mailto:dancewithus@invitationtodance.ca)

1, 1215 Lake Sylvan Drive SE (Bonavista Downs)



# INVITATION TO DANCE

An inclusive studio offering  
pre-professional and recreational programs.

[www.invitationtodance.ca](http://www.invitationtodance.ca)

Invitation to Dance Class Schedule 2023 - 2024

\*\*\* Blue shading denotes sessional classes, pink denotes preschool level classes (ages 4-5) and yellow are foundational levels (ages 6+).

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
											Creative Movers 9:30-10:15
									STEP 4:00-4:45		Pre School 10:15-11:00
Jazz/Acro Movers 4:30-5:15	Boys Only Hip Hop (4-6yrs) 4:30-5:15	Aerial Kids 5:00-5:45	Junior Tap 5:00-5:45	Acro 6 4:45-6:00	Ballet 3 5:00-5:45	Pre Junior Jazz 5:00-5:45	Junior 1 Ballet 5:00-5:45	Standard 5 Ballet 2nd year 4:30-5:30	Teen Ballet 4:45-5:30		Junior Acro 11:00-11:45
Pre Junior Acro 5:15-6:00	Junior 1 Hip Hop 5:15-6:00	Youth Silks 1 5:45-6:45	Musical Theatre 5:45-6:30	Bronze Jazz 6:00-7:00	Ballet/Tap Movers 5:45-6:30	Junior Jazz 1 5:45-6:30	Pre Junior Ballet 5:45-6:30	Leaps & Turns 5:30-6:00		Adult Aerial 11:45-12:45	
Junior 1 Acro 6:00-6:45	Pre Intermediate Hip Hop 6:00-6:45	Aerial Youth 6:45-7:45	Pre Intermediate Tap 6:30-7:30	Modern 5 1st Year 7:00-8:00	Standard 6 Ballet 2nd Year 6:30-7:45	Jazz 3/4 6:30-7:30	Standard 6 Ballet 2nd Year 6:30-7:45	Dance Alive 6:00-9:00 approx.	Dance Alive 6:00-9:00 approx	Youth Hoop & Trapeze 1 12:45-1:45	
Acro 3 6:45-7:45	Intermediate Hip Hop 6:45-7:30	Youth Silks 1 7:45-8:45	Musical Theatre 7:30-8:15	Intermediate Modern 8:00-9:15	Standard 5 Ballet 2nd Year 8:00-9:15	Ballet 3 7:30-8:15	Teen Ballet 7:45-8:30				
Acro 4/5 7:45-8:45	Lyrical 7:30-8:15	Lyrical 8:45-9:30	Intermediate Tap 8:15-9:15			Jazz 4 8:15-9:15	Adult Ballet 8:30-9:15				
	Stretch 8:15-8:45										

Price List				
CLASS	DESCRIPTION	MONTHLY	YEARLY	DISCOUNTS AND PAYMENT TERMS
		DUE THE 1ST OF EACH MONTH	DUE SEPTEMBER 1ST	
Once A Week Classes	30 min	\$58	\$580	All prices include GST. Registration and Session Fees must be paid at time of registration and are <b>non refundable..</b>
	45 min	\$68	\$680	
	60 min	\$78	\$780	
	75 min	\$90	\$900	
Twice A Week Ballet Packages	45 min twice per week	\$115	\$1150	<b>Family discount</b> - 5% off 2nd child's tuition, 10% off third child's tuition. Applicable to tuition of equal or lesser value only.
	60 + 75 min twice per week	\$140	\$1400	
	75 min twice per week	\$150	\$1500	
Dance Alive	Please note Mini group fees are reduced to \$68	\$115	\$1150	<b>Referral Program</b> - Have a family mention your name and get <b>50% off your last months tuition</b> if they complete the year
Unlimited Class Rate	Rate is per student. Does not include scholarships, discounts, session classes, and/or competition fees	\$440	\$440	
Solo, Duet, Trio	Prices are per student, must be in Dance Alive. See handbook for details.			No refunds or cancellations after Mar 1 for full year classes. One month's written notice is required, notices not given at the beginning of the month will be deemed given at the beginning of the following month.
Session Classes				
	10 weeks - 60 min (Sep 18 – Nov 25) (Jan 15– Mar 23)		\$195-\$210	
	10 weeks - 45 min (Sep 18 – Nov 25) (Jan 15– Mar 23)		\$170-\$185	
	8 weeks - 60 min (Apr 8 – June 1)		\$155-\$170	
	8 weeks - 45 min (Apr 8 – June 1)		\$135-\$150	